

FRIDAY 10th OCTOBER 2025

9.00-10.30

E1- Oral presentations

Chair: Lyros Epameinondas , Chytas Dimitrios
Commentor: Gkrilias Panagiotis

Functional Assessment of Balance & Gait and Correlation with Kinetic and Kinematic Parameters in Individuals Over 50 Years of Age
Pappas Spyros, *Nastou Eftychia, Papakosta Eirini, Donta Valasia, Forliaka Eleni, Lampropoulou Sofia*

Comparison of physiological responses between the shuttle walking test and the six-minute walking test in patients with cardiovascular disease
Leontidis Vasileios, *Balamotis Dimitrios, Peperas Georgios, Pepera Garyfallia*

The use of manual therapy among physiotherapists in children with neurological disorders
Pavlikanidi Agathi, *Palli Nikoletta, Karagkiozopoulos Konstantinos, Triantafyllou Athanasios, Gkrilias Panagiotis, Papagiannis Georgios, Kyriakidou Maria*

Development and Satisfaction of an Informational Leaflet for Lymphedema after Mastectomy: A Pilot Study
Chatziioannou Pavlos, *Tzouma Dimitra, Bagioneta Ioanna, Billis Evdokia*

Strategic Analysis of the Physiotherapy Sector in Greece Through Porter's Five Forces Model: Structure, Challenges and Perspectives
Koronios Konstantinos, *Papadopoulos Andreas, Tsironi Maria*

Investigation of the objective evaluation of pain in postoperative patients through the evaluation of skin conductivity
Iliadou Anastasia, **Trianti Nefeli**, *Ntourantonis Dimitrios, Koutsogiannis Konstantinos*

Gender differences between neck disability pain quality of life and sedentary behavior in individuals with chronic nonspecific neck pain
Loizou Alexandra, *Chytas Dimitrios, Christakou Anna*

Inter-arm blood pressure difference and its association with handgrip strength in young amateur athletes
Piperopoulou Chrysanthi, *Aduloaiei Gabriel-Robert, Karagianni Eleni, Pepera Garyfallia*

The experience of individuals with multiple sclerosis regarding physiotherapy services
Palli Nikoletta, *Pavlikanidi Agathi, Karagkiozopoulos Konstantinos, Marazioti Antonia, Grilias Panagiotis, Papagiannis Georgios, Triantafyllou Athanasios, Kyriakidou Maria*

Comparison of diaphragm and inspiratory muscles characteristics between parous women with and without diastasis rectus abdominis: Pilot study
Chalki Aikaterini Afroditi, *Skoura Anastasia, Antoniou Maria, Billis Evdokia*

Correlation of the level of mobilization of ICU patients with the occurrence of frailty syndrome
Okaro Evaggelos, *Tzoumi Dimitra, Kouvarakos Alexandros, Moutzouri Maria, Mitsiou Giorgos, Grammatopoulou Eirini, Patsaki Eirini*

The effect of mental fatigue on pressure pain threshold in healthy individuals: a randomized controlled trial»

	<u>Andreiomenos Vasilis</u> , <i>Stins F. John</i>
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Sunday 11th October 2025

9:00-10:10

E2- Oral Presentations

Chair: Kentrou Evaggelia, Salvara Mariana

Commentor: Lyros Epameinondas

Knowledge, attitudes and clinical practices of Greek physiotherapists regarding the integration of Tai Chi in neurological patient intervention

Ntetska Marios, *Polychroniadis Markos, Christakou Anna, Stasi Sofia, Triantafyllou Athanasios, Papagiannis Giorgos, Kyriakidou Maria*

Evaluation of the technical features of delivering synchronous and asynchronous tele-rehabilitation in women with urinary incontinence

Myлона Titina, *Bissia Panagiota, Zygouna Athina, Papanikolaou Dimitra-Tina, Billis Eudokia*

Biomechanical analysis of therapeutic exercises of the pilates method with markerless systems

Foti Elpida, *Tsirmipini Nefeli Maria, Marazioti Antonia, Kyriakidou Maria, Stasi Sophia, Karagkiozopoulos Konstantinos, Panagiotis Gkrilias, Athanasios Triantafyllou, Georgios Papagiannis*

The effects of preoperative inspiratory muscle training in patients undergoing cardiac surgeries. a systematic review

Isakoglou Maria, *Kortianou Eleni*

Current educational needs and awareness of Greek physiotherapists at cognitive and clinical levels regarding autism spectrum disorder

Gkonela Lydia, *Karagkiozopoulos Konstantinos, Papagiannis Georgios Gkrilias Panagiotis, Christakou Anna, Kyriakidou Maria*

Therapeutic exercise for motor and cognitive function in community-dwelling people with mild cognitive impairment: a systematic review

Nastou Eftychia, *Billis Evdokia, Alexopoulos Panagiotis, Lampropoulou Sophia*

The effectiveness of clinical pilates therapeutic exercise in the prevention of sports injuries: a systematic review

Tsirmipini Nefeli Maria, *Foti Elpida, Marazioti Antonia, Kyriakidou Maria, Stasi Sophia, Karagkiozopoulos Konstantinos, Gkrilias Panagiotis, Papagiannis Georgios, Triantafyllou Athanasios*

Development of a website for children with chronic suppurative lung diseases: a Delphi expert consensus study

*Sapouna Vaia, **Mavronasou Aspasia**, Douros Konstantinos, Kapreli Eleni, Kortianou A. Eleni*

FRIDAY 10th OCTOBER 2025	
13.30- 14.30	
	A1 E-poster Presentations
	Chair: Mpania Theofania, Stasi Sofia Commentor: Tsironi Maria, Papagiannis Georgios
	Rehabilitation stages and evidence-based exercise prescription in pancreatic cancer survivors <u>Tsirmpini Nefeli Maria</u> , Foti Elpida, Otto Stephanie, Marazioti Antonia, Kyriakidou Maria, Sophia Stasi, Karagkiozopoulos Konstantinos, Panagiotis Gkrilias, Georgios Papagiannis, Athanasios Triantafyllou
	The effects of a fast-track therapeutic exercise programme in musculoskeletal symptoms and in the quality of life of menopausal women: pilot study <u>Vrapi Athina</u> , Kanaki Despoina, Asimakopoulou Chara, Tsekoura Maria, Papanikolaou Dimitra-Tania, Skoura Anastasia, Billis Evdokia
	Effectiveness of the application of FIFA 11+ Kids as an injury prevention exercise program in youth football (soccer) players: A systematic review <u>Gkrilias Panagiotis</u> , Zavvos Athanasios, Triantafyllou Athanasios, Stasi Sophia, Marazioti Antonia, Papagiannis Georgios, Kyriakidou Maria

Saturday 11th October 2025	
14.00- 15.00	
	A2 E-poster Presentations
	Chair: Tsekoura Maria, Athanasios Triantafyllou Commentor: Pepera Garyfallia
	Digital innovations in telerehabilitation for pancreatic cancer survivors: opportunities and challenges <u>Foti Elpida</u> , Tsirmpini Nefeli Maria, Otto Stephanie, Marazioti Antonia, Sophia Stasi, Karagkiozopoulos Konstantinos, Gkrilias Panagiotis, Triantafyllou Athanasios, Papagiannis Georgios, Kyriakidou Maria
	Correlation between Kinetic Parameters of Gait and Functional Assessment of Motion and Balance in Patients with Stroke Apostolidis Christos, <u>Donta Valasia</u> , Forliaka Eleni, Pappas Spiros, Papakosta Eirini, Pavlos Chatziioannou, Lampropoulou Sofia
	Physiotherapy in combination with play therapy in special education schools <u>Kamelidou Athina</u> , Alexandra Christara – Papadopoulou
	The effectiveness of a hybrid therapeutic exercise program on physical parameters of individuals with subjective cognitive decline <u>Siopis Eleftherios</u> , Lampropoulou Sofia, Nastou Eftychia, Forliaka Eleni Skoura Anastasia Livieratou Elpiniki, Sarampali Marianna, Alexopoulos Panagiotis, Bilis Evdokia
	The examination of the relationship of handgrip strength with cognitive in geriatric population with early stage of dementia <u>Papamichail Panagiotis</u> , Sagredaki Maria Louiza, Christakou Anna

	The effectiveness of cardiovascular exercise programs in patients after transcatheter aortic valve implantation (TAVI) <i>Papathanasiou Giorgos, Petridou Maria, <u>Vernardos Asterios</u>, Katerinaki Aikaterini</i>
	Integrating exercise-based rehabilitation into the care pathway of pancreatic cancer survivors <i><u>Foti Elpida</u>, Tsirmpini Nefeli Maria, Otto Stephanie, Marazioti Antonia, Kyriakidou Maria, Sophia Stasi, Karagkiozopoulos Konstantinos, Gkrilias Panagiotis, Triantafyllou Athanasios, Georgios Papagiannis</i>